

HOW DID I FEEL TODAY?

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

Most emotions researchers agree on these five Universal Emotions that all people have in common.

ENJOYMENT	FEAR	ANGER	SADNESS	DISGUST
<input type="checkbox"/> Ecstatic <input type="checkbox"/> Blissful <input type="checkbox"/> Euphoric <input type="checkbox"/> Delighted <input type="checkbox"/> Exhilarated <input type="checkbox"/> Thrilled <input type="checkbox"/> Content <input type="checkbox"/> Elated <input type="checkbox"/> Overjoyed <input type="checkbox"/> Radiant <input type="checkbox"/> Satisfied <input type="checkbox"/> Captivated <input type="checkbox"/> Giddy <input type="checkbox"/> Jubilant <input type="checkbox"/> Sensational <input type="checkbox"/> Gleeful <input type="checkbox"/> Awe-struck <input type="checkbox"/> Uplifted	<input type="checkbox"/> Anxious <input type="checkbox"/> Nervous <input type="checkbox"/> Apprehensive <input type="checkbox"/> Jittery <input type="checkbox"/> Worried <input type="checkbox"/> Startled <input type="checkbox"/> Dread <input type="checkbox"/> Trepidation <input type="checkbox"/> Aghast <input type="checkbox"/> Shaken <input type="checkbox"/> Horrified <input type="checkbox"/> Terror-stricken <input type="checkbox"/> Petrified <input type="checkbox"/> Panicked <input type="checkbox"/> Terrified <input type="checkbox"/> Paranoia <input type="checkbox"/> Shuddering <input type="checkbox"/> Aggrieved	<input type="checkbox"/> Furious <input type="checkbox"/> Irritated <input type="checkbox"/> Indignant <input type="checkbox"/> Seething <input type="checkbox"/> Rage <input type="checkbox"/> Resentful <input type="checkbox"/> Enraged <input type="checkbox"/> Outraged <input type="checkbox"/> Bitter <input type="checkbox"/> Hostile <input type="checkbox"/> Incensed <input type="checkbox"/> Infuriated <input type="checkbox"/> Annoyed <input type="checkbox"/> Exasperated <input type="checkbox"/> Agitated <input type="checkbox"/> Provoked <input type="checkbox"/> Fiery <input type="checkbox"/> Out of Patience	<input type="checkbox"/> Melancholic <input type="checkbox"/> Gloomy <input type="checkbox"/> Mournful <input type="checkbox"/> Somber <input type="checkbox"/> Downcast <input type="checkbox"/> Despondent <input type="checkbox"/> Heartbroken <input type="checkbox"/> Sorrowful <input type="checkbox"/> Forlorn <input type="checkbox"/> Disheartened <input type="checkbox"/> Dismal <input type="checkbox"/> Desolate <input type="checkbox"/> Depressed <input type="checkbox"/> Bereaved <input type="checkbox"/> Regretful <input type="checkbox"/> Resigned <input type="checkbox"/> Heavyhearted <input type="checkbox"/> Pensive	<input type="checkbox"/> Repulsed <input type="checkbox"/> Displeased <input type="checkbox"/> Appalled <input type="checkbox"/> Offended <input type="checkbox"/> Sickened <input type="checkbox"/> Repugnant <input type="checkbox"/> Abhorrent <input type="checkbox"/> Loathsome <input type="checkbox"/> Foul <input type="checkbox"/> Grossed Out <input type="checkbox"/> Nauseated <input type="checkbox"/> Contemptuous <input type="checkbox"/> Abominable <input type="checkbox"/> Disgusted <input type="checkbox"/> Horrified <input type="checkbox"/> Repelling <input type="checkbox"/> Vile <input type="checkbox"/> Vomit-Inducing